

the



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Enriching the  
community  
together



# Who is M&T Coffee?



## M= Meika Hall

Meika is a Klahowya Secondary School Graduate whom later went on to play NAIA Softball at a small 4 year Christian based college in Sterling, Kansas (Sterling College). During her time at Sterling she played Softball and Studied Sports Management. Today, she continues to further her education with Sterling College to obtain her Organization Management Degree. She currently works full time as Academy Mortgage as a License Loan Officer Assistant. Active YMCA member, Wife to Daniel Hall, Kitsap County Parks and Recreation employee, of 6 years and mom to 2 year old son, Levi.

# Who is M&T Coffee?



## T= Tim Samuels

Tim is a Central Kitsap High School Graduate whom later went on to serve 4 years in the Marine Corps. Tim is passionate about serving his community by staying actively involved in contributing to local charities and spear heading the M&T Coffee Youth Sports give back.

Tim is currently a Branch Manager and producing loan officer for Academy Mortgage in Silverdale. Why Tim chooses Academy Mortgage:

*Academy's mission is to be 1st CHOICE in delivering the dream of sustainable homeownership by inspiring hope and building prosperity in the lives of our Employees, Builders, Realtors, and the communities we serve. To accomplish this goal, we continue to do what we do best.*

# M&T COFFEE

We are committed to serving and delivering the highest quality product with superior customer service. M&T Coffee is a family valued centered establishment with an emphasis on delivering the best experience every time.

# **M&T COFFEE YOUTH SPORTS GIVE BACK:**

- We are committed to giving 1% of our quarterly sales to our respective demographic youth sports program.
- HWY 303 Location= Traceyton PeeWee Organization
- Chico Way Location= Chico PeeWee Organization
- Hazelwood YMCA= YMCA Youth Sports

## M&T Hazelwood YMCA Employee Perks

- Free Drip Coffee
- 15% off all specialty espresso drinks, smoothies, protein drinks and food items
- Buy 9 get the 10<sup>th</sup> free stamp card participation

# How will our Menu support healthy Nutritional Value? Smoothies First!

**Fruits:** Frozen Organiz Fruit with no added sugar

**Protein Choice:** Whey, Casien/Whey Blends or Plant Based

**Liquid bases of choice:** Almond, Hemp, Soy, Coconut, Regular Dairy, Coconut Water, Orange Juice or Apple juice

**Add in options:** flax seed, steel cut oats, granola, Power Green Powder, Peanut Butter, Multi-vitamin, antioxidant, stress relief, probiotic, immune support By: Smoothie Essentials ( Non- GMO, Gluten Free) <http://addascoop.com/>



# How will our Menu support healthy Nutritional Value? Coffee Drinks

## Milk and Milk Alternative options:

- Almond, Hemp, Soy, Coconut, Regular Dairy both whole and non-fat
- Monin flavors: Made with natural flavors, and no artificial colors or preservatives!
- *All Flavors will be available in Sugar Free*
- Bullet Proof Coffee: Coconut Oil, Grass fed cow butter!



# How will our Menu support healthy Nutritional Value? Food items

M&T Coffee is proud to be partnered with Ambrosia Catering for all food items:

- Breakfast sandwiches, burritos, cold sandwiches, fruit and veggies cups, protein packs ( almonds, cheese and hard boiled egg) Gluten Free Options available.

Also Serving:

- RX Bars, Cliff Bars, Caveman Foods, and MORE!

# M&T and AdvoCare Nutrition

Meika and Tim are active AdvoCare distributors:

- We will proudly serve AdovCare, Spark, Rehydrate, Post and Pre Proteins. All AdvoCare Performance based Products are 3<sup>rd</sup> party tested stamped Informed Choice.

# INFORMED CHOICE



Informed-Choice is a quality assurance program for sports nutrition products, suppliers to the sports nutrition industry, and supplement manufacturing facilities. It is a monitoring program that certifies that a supplement product and/or raw material that bears the Informed-Choice logo has been 'skip-lot' tested (tested at least on a monthly basis) for banned substances by LGC's world-class sports anti-doping lab. Supplement users can use the search function above to find products that have been through this certification process.

# **Committed to Serving the YMCA members** **on a consistent bases:**

## **Café Lease Details:**

- We would love the opportunity to serve a 3 year lease with a rent of \$600 per month to be competitive with today current market rent standards.
- Our YMCA café hours will mimic the YMCA operating schedule to fits all member/staff needs, including YMCA hosted special events.
- M&T will carry their own Commercial Liability Insurance to match the YMCA desired \$1,000,000
- M&T will provide all needed operating equipment ( including Peanut Butter Specific equipment to be compatible with those with peanut butter allergies.
- With the opportunity to serve as the YMCAs independent café contractor, we can be open in as little as 10 business days upon signing a contract.

# Highlights

- M&T Coffee is dedicated to community involvement and charity,
- stands behind the YMCA mission statement
- Will bring a full menu of Nutritional acceptable and YMCA approved café items to staff and members
- Dedicated to all M&T Coffee employees mind, body and spirit- by providing a fun work atmosphere and generally caring about overall health and wellbeing of all M&T staff and their families.
- Have saved 9 Kitsap County barista jobs upon the shut down of Simply Sublime Espresso
- Proudly use local vendors: Ootopia, Ambrosia Catering, Madrona Coffee

# New Employee Testimonial

- " I worked for simply sublime for 3 years, and was hired on with the M&T shop. I am thankful for the opportunity with this shop and being able to be around the same customers ! I am beyond excited for the positive changes we've already experienced and more to come in the future. Tim and Meika are a friendly and inviting pair!"

Thank you!

## New Employee Testimonial

- My name is Carleigh Quiriarte. I worked for Simply Sublime for 3 years and when Simply Sublime went out of business, M&T not only hired me but kept a few of the Simply Sublime staff. The transition has been amazing. The owners and staff have been nothing but supportive and welcoming. I am truly proud to be an M&T employee.



## New employee testimonial

- At the age of 17 I was hired as a barista at Simply Sublime Espresso and continued to work there for over 9 years. With the recent closer of the different Sublime locations I did not know what was going to happen to me along with many other girls that I had worked with over the years. I love making coffee and interacting with customer but was worried as a mom of 2 young kids that my availability would affect me finding employment for a company that would be willing to hiring a mom who was just looking to get out of the house a few days a week. When I heard that M & T coffee was opening at a familiar location, Chico Ways former Sublime, I reached out and they welcomed me with open arms. Myself and 5 other girls are now still employees and feel overjoyed and are very appreciative to be hired by an amazing company. Every shift I have worked for M & T coffee, management has checked and made sure everything is running smoothly and that we are set up for success. I was greeted with a massage to start my shift this last week. Never have I felt more welcomed and wanted as an employee. They want nothing more than happy employees to serve and make sure customers leave happy as well.

Jocelyn Esguerra

[\(360\)509-3082](tel:(360)509-3082)

# Proud Sponsor of Miss Silverdale 2018, Emily Rider



Thank you Hazelwood YMCA !!!

We appreciate the opportunity to interview to be the future café!

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- Tim Samuels- 360-440-4899